



# A Prayer to Compassionate Buddha

*A Prayer from Jetsunma Ahkön Lhamo*

*Lord Buddha, Buddha of Compassion,  
Plant in my heart the seed of love,  
Plant in the deepest part of me  
The Light of Compassion.  
Take from me all self absorption.  
Teach me to give myself over to Love.*

*Lord Buddha, do with me what is thy will.  
Whether I am sad or human or angry.  
Take from me all parts of myself.  
Remove from me all obstacles for I have one purpose  
and one purpose only:  
That where I am you might be;  
That through me the Buddha of Compassion  
might come to the world.  
I prostrate myself completely.  
Let there be no self -- only compassion.  
Where I am let Love live.*

*--Jetsunma Ahkön Lhamo*